

## The Role of Backside Wear in Osteolysis

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## Disclosure

- Designer (Royalty income) - DePuy A Johnson & Johnson Company
- Consultant on Knee Products for Smith & Nephew Orthopaedics
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- Investor - Alexandria Research Technology

*Disclosures made in accordance with  
Anderson Orthopedic Research  
Institute Policy*

**Osteolysis was  
not reported with  
non-modular components  
of the 70s and 80s.**

## TKA Failure by Polyethylene Wear

- First reported-1988
- Metal-backed, non-modular PCA knee

*Engh, JBJS August 1988*

## Osteolysis After TKA

- 16% incidence
- Modular metal-backed tibial component

*Peters, JBJS 74A, 1992*



## What caused osteolysis in this patient?

- 39 year old,  
260 lb. park ranger
- TKA *in situ*: 4 Years



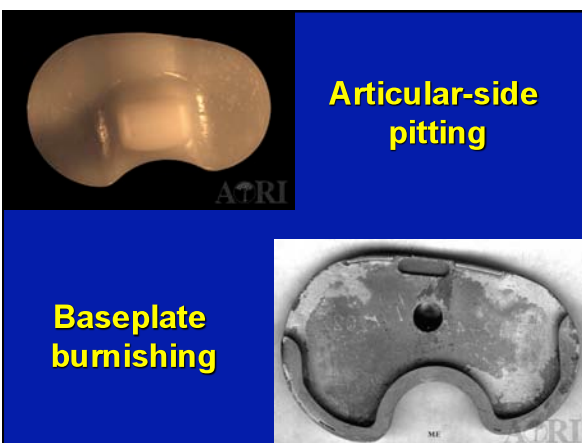
### Articular Side Pristine and Baseplate Worn



### What caused osteolysis in this patient?



- 69 year old nun
- TKA *in situ* 3.5 years



### Articular-side pitting

### Baseplate burnishing

### Clinical Experience Modular Tibial Trays

- Osteolysis can occur even when there is minimal visible wear on the articular side of the polyethylene

### Retrieval Experience Modular Tibial Trays

- Backside wear *does* occur *and* may contribute to the debris that causes osteolysis

### Where does debris come from?

the *Articular* surface

*or*

the *Modular* surface

## ? About Backside Wear

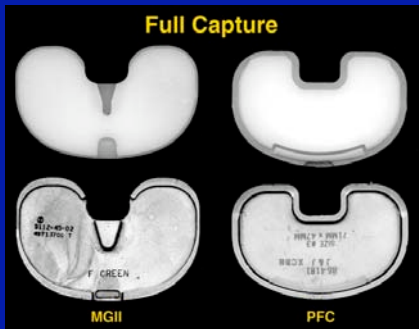
- Do modular interfaces move?
- What is the magnitude of motion?
- Do any locking mechanisms eliminate interface motion?
- Do locking mechanisms deteriorate with time *in vivo*?

## Materials and Methods

- Nine different implant designs
- Mechanical testing-Instron

### Snap Fit

#### Full Capture

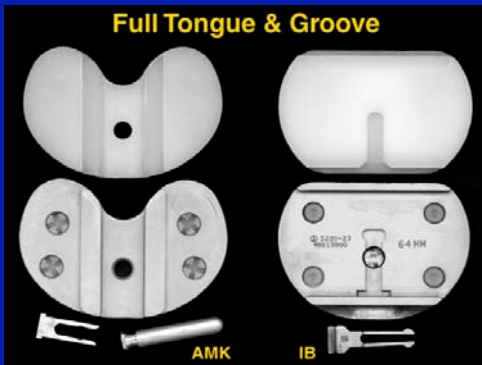


### Snap Fit

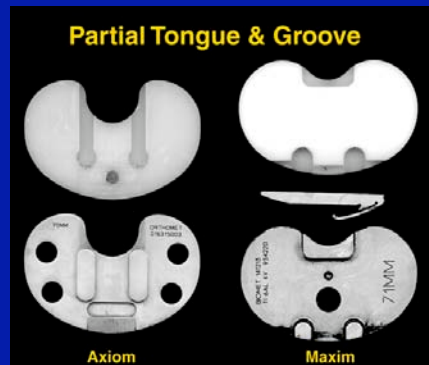
#### Partial Capture



### Full Tongue & Groove

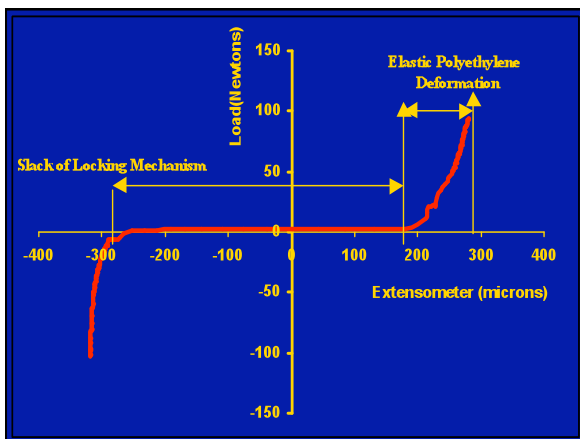


### Partial Tongue & Groove



## Mechanical Testing Protocol

- Mount tray in acrylic
- Precondition: 37° water bath for 2 weeks
- Clamp components in 2 individual frames
- Measure motion before resistance is encountered



## Results

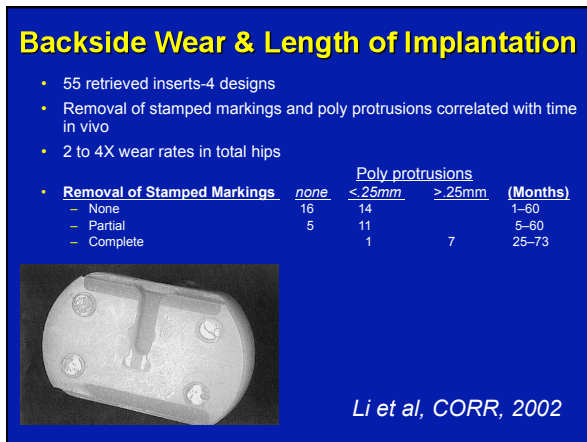
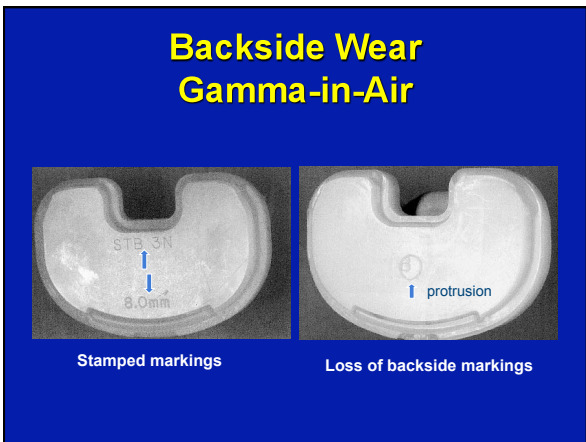
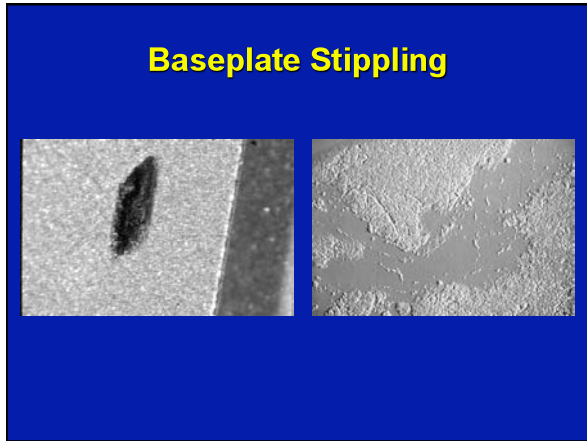
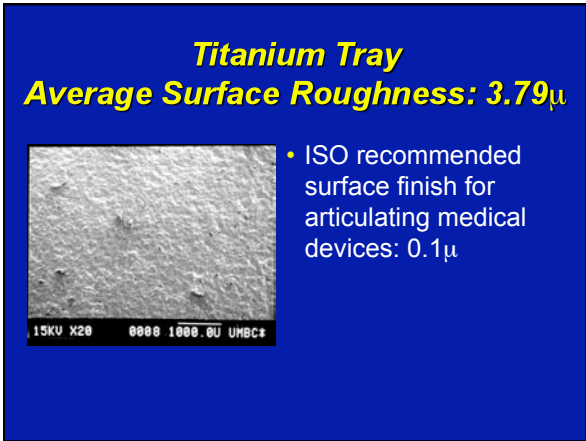
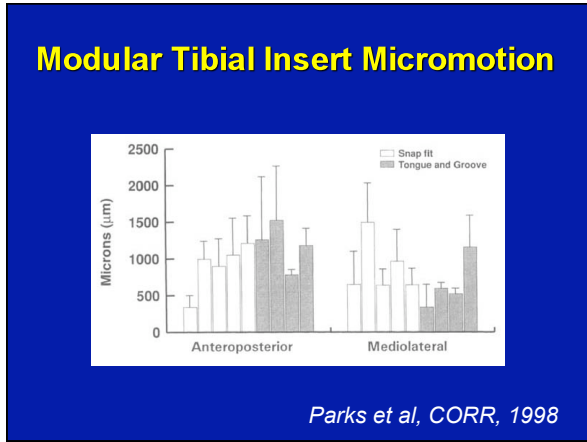
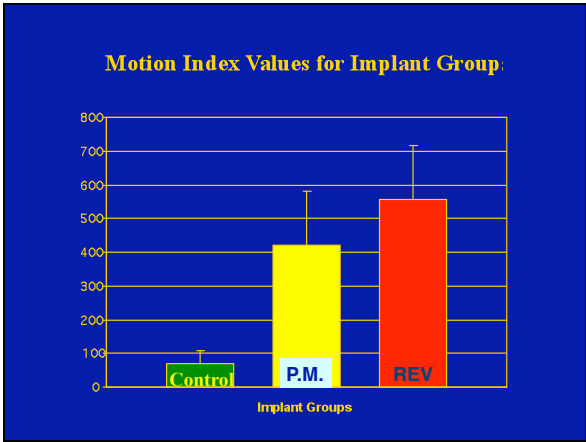
- All implants out of the box had a mean 90 microns of motion
- Wide variation within any implant type
- Wide range of motion for all implants

*Do locking mechanisms become looser in vivo?*

*Do both snap-fit and tongue-in-groove become looser?*

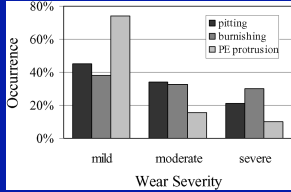
## Study Group (N=29)

- 12 Postmortem implants  
(2 snap-fit, 10 tongue-in-groove)
- 17 Components from revision surgery  
(9 snap-fit, 8 tongue-in-groove)



### Backside Wear Fixed Bearing (Gamma-in-Air)

- 124 retrievals (12 different designs)
- In situ: 51 months
- Moderate / severe:
  - Pitting-55%
  - Burnishing-62%
  - Protrusions-26%



Wear Severity	pitting (%)	burnishing (%)	PE protrusion (%)
mild	~45	~40	~75
moderate	~35	~35	~15
severe	~20	~30	~10

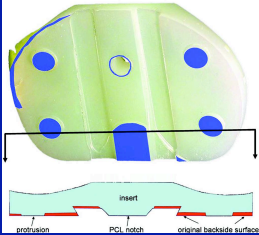

Conditt et al, JBJS 2004

### Backside Wear Fixed Bearing (Gamma-in-Air)

- 15 AMK implants
- In situ: 36-146 months (mean-91 months)
- Backside volumetric wear:  $138 \pm 95\text{mm}^3 / \text{Yr}$ .

Conditt et al, JBJS 2005

### Backside Volumetric Wear Fixed Bearing (Gamma-in-Air)

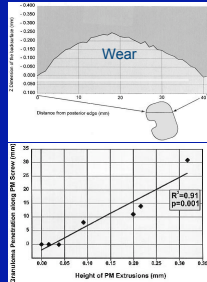



Laser profilometry-computer reconstructions      Burnishing, pitting, & protrusions

Conditt et al, JBJS 2005


### Backside Wear Fixed Bearing (Gamma-in-Air)

- 25 MG post-mortem retrievals
- Mean: 64 months in vivo
- Concave deformation: 96%
- Screw hole impression: 100%



Surace et al, CORR 2002

### AORI retrievals Good Poly



- Fixed Bearing
  - 49 Sigma PFC inserts
  - Gamma in Barrier
  - In situ: 32 months
- Mobile Bearing
  - 23 LCS RP inserts
  - Gas Plasma
  - In situ: 29 months

### Mobile & Fixed Bearing Articulating Surface Scores

**Good poly  
(non gamma in air retrievals)  
No delamination**

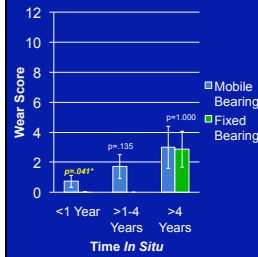
## Is backside wear a problem with non-irradiated poly & with mobile-bearings ?

### AORI retrievals

- **Fixed Bearing**
  - 49 Sigma PFC inserts
  - Gamma in Barrier
  - In situ: 32 months
- **Mobile Bearing**
  - 23 LCS RP inserts
  - Gas Plasma
  - In situ: 29 months



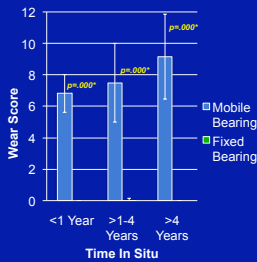
### MB vs. FB Backside Pitting



- Pitting early for mobile bearing
- Similar pitting at >4 years



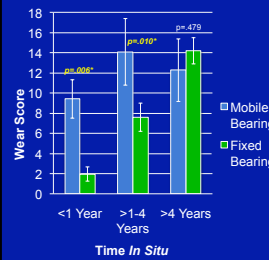
### MB vs. FB Backside Scratching



- Scratching not seen on fixed bearing inserts

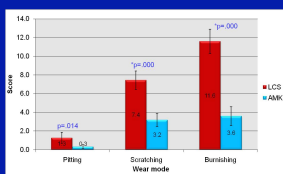


### MB vs. FB Backside Burnishing



- Burnishing early for mobile bearing
- Similar burnishing at >4 years

### Backside Wear



### Mobile Bearing Tray

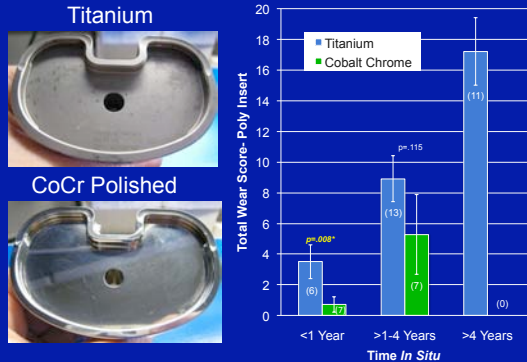
#### LCS Rotating Platform Tibial Tray



- Scratches go beyond the expected rotation of the knee suggesting 3<sup>rd</sup> body debris wear
- Scratching on metal tray closely mimics scratching on inserts



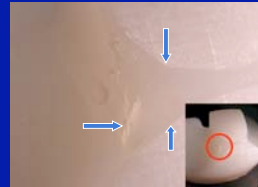
## Does the tray material impact wear?



## Post Wear on PS Knees

### 31 Posterior Stabilized

### $\gamma$ in Barrier PFC Inserts



>4 years:

- 100% had deformation & burnishing
- Post contact may accelerate backside wear

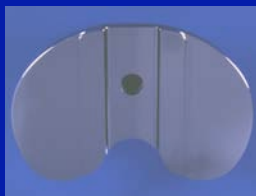
## Why was wear not a problem with the IB & AGC implant?

- 1) Himont 1900 - Compression molded less sensitive to oxidation
- 2) Non-modular interface eliminates backside wear

## Conclusions

- Backside wear is a significant source of wear debris with both mobile and fixed bearing modular implants
- Industry standards are needed to minimize tibial component micromotion

## For primary fixed-bearing TKA's consider:



Polished cobalt chrome baseplate



One-piece tibial component

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